

# Prerequisite to Level 4 Jazz

**NAME:**

**DATE:**

	KNOW	UNDERSTAND	EXECUTE
All Single Body Isolations: head, shoulder, hip, rib			
Roll Down through Spine			
Mattox Jazz Port de Bras: Jacknife, folded, parallel, second, crossed, high and low V			
Mattox Lunge			
Jazz Square			
Pivot turn with spotting			
Lunge			
Flat backs			
Hinge on knees			
Locomotor skills from previous levels: pas de bourree, triplets, jazz runs, chasse, tipping			
Jazz walks: kimbo, cuban, stash			
Tuck Jump			
Grand Battement Front, Side, and Back			
Chaine			
Jete			
6 Step turn			
Single Pirouette in parallel, en dehors and en dedans			
Fan kick			
Body Roll			

Knows, understands, and executes ALL criteria from Preschool to Level 2, able to follow directions and focus, knows classroom rules, able to recall 100% or more of recital dance without guidance

**NOTES:**

**KNOW:** can define a term/movement with words

**UNDERSTAND:** can translate terminology/movement into their body

**EXECUTE:** performs the terminology/movement with proper alignment, placement, style