

Pre-Requisite to Level 4 Ballet

NAME:

DATE:

	KNOW	UNDERSTAND	EXECUTE
1st, 2nd, 3rd, 5th Position of the Feet			
Seven Movements of Dance (plier, relever, tourner, sauter, glisser, elancer, étendre)			
Ballet Port de Bras (2nd, 5th en bas, 5th en avant, 5th en haut, 3rd, 4th en avant, 4th en haut)			
Body Position: A la Seconde			
Body Position: Quatrieme Devant, Quatrième Derriere			
Body Position: Croise Devant, Croise Derriere			
Body Position: Efface			
Body Position: Ecarte			
1st, 2nd, 3rd Arabesque			
Retire			
Passe			
Developpe			
Temps Lie			
Pique			
Pique entourant en dedans			
Echappe saute			
Chaine			
Balance			
Changement			
Temps Lève			
Pas de Chat			
Jete			
Pas de Bouree			
Assemble			
Soutenou			
Rond De Jambe			
Single Pirouette en dehors from 4th			

Knows, understands, and executes ALL criteria from Preschool to Level 2, follows directions, knows classroom rules, able to recall 100% or more of recital dance without guidance

NOTES:

KNOW: can define a term/movement with words

UNDERSTAND: can translate terminology/movement into their body

EXECUTE: performs the terminology/movement with proper alignment, placement, style