

Prerequisite to Level 2 Ballet

NAME:

DATE:

	KNOW	UNDERSTAND	EXECUTE
1st, 2nd and 3rd Position of the Feet			
Seven Movements of Dance (plier, relever, tourner, sauter, glisser, elancer, étendre)			
Tendu devant and 2nd			
Ballet Port de Bras (2nd, 5th en bas, 5th en avant, 5th en haut)			
Body Position: A la Seconde			
Body Position: Quatrieme Devant			
Demi Rond de jambe			
Echappe saute			
Balance			

Age: 6+, ability to follow directions and focus, knows classroom rules, able to recall 75% or more of recital dance without guidance

NOTES:

- KNOW:** can define a term/movement with words
- UNDERSTAND:** can translate terminology/movement into their body
- EXECUTE:** performs the terminology/movement with proper alignment, placement, style